How do I make an image Black and White in Adobe Photoshop Element 8.0?

Subject Descriptors: Photoshop Elements 7, Black and White, Grayscale, Greyscale, change, desaturize, convert

Application (Version): Adobe Photoshop Elements 8.0 for Windows

Task Description: I want to make an image black and white in Adobe Photoshop. How do I do that?

Tutorial Date: 11 May 2009, Marita Jackson. Updated 17 June 2010, Kasidy Stafford
First, open the image you wish to adjust...
Option 1: Choose IMAGE - MODE - GRAYSCALE

Go to the IMAGE menu, scroll down to MODE, and pick GRAYSCALE.

Click OK to discard the color information.

A warning screen will appear before it makes the change...
The image will now be Black and White. You can undo at anytime by selecting UNDO GRAYSCALE from under the EDIT option on the menu bar.
Option 2: Another way to make an image Black and White is by Desaturizing it completely.

To do this, select ENHANCE from the menu bar. Hover over ADJUST COLOR and select ADJUST HUE/SATURATION...
To adjust the Saturation, move the scroll bar under SATURATION.

Pull the arrow all the way to the left to make the image Black and White...
Option 3: Convert to Black and White...

You can also change it Black and White by selecting ENHANCE on the menu bar and then clicking CONVERT TO BLACK AND WHITE...