Select "Create New Fill or Adjustment Layer"

Click on Curves
Click in the center.

This will create a point in the center.
Drag the curve downward.

- This will darken the image.
- Make sure the preview box is checked so that you can see the adjustments without having to apply them.
Click on "OK"
Select the "Mask"
Select the "Brush Tool"

Click and hold down on the icon and then select the "Brush Tool"
Change the foreground color to black.
Paint over the object that you wanted to keep bright.

If you need to bring back the darkness change the foreground color to white and then paint over the area.

Finished Result

Before

After