Select the layer.

The layer will turn blue if it is selected.
Right Click and Select Duplicate Layer

This will duplicate the layer.
Select "Filter"
Click on the new fill adjustment layer > invert

This will invert the color.
- This will usually fix the image.
- If you need to adjust the image some more than follow the next couple of steps.
Select the drop down menu of the layers.
Select "Flatten"

This will allow you to make adjustments to the image.
Select Image > Adjustments > Levels

Select a "Channel" to work with.

- If there is a particular color that you want removed or added, then change the channel to that color.
- You will usually have to work in all three channels to make the colors even out.
Make any adjustments to the image by moving the sliders in the "Input Levels" either left or right.
Once you have made all adjustments to the image, click on "OK"