Drag the vertical guide from the left side of the page, place two vertical guides in which to create a frame.
Create a Frame within the Vertical Guides

Either select the **Frame Tool** (the box with an X in the left toolbar) or press the "F" key and create a frame that fits between these two guides.

In this instance, we would like to take this single frame and subdivide it into four frames, with the four frames evenly spaced (1 pica between each of the four frames).

Create Width Guides

1. Place your cursor in the **width** field.
2. Subtract the total gutter width (in this case, since we would like a gutter width of 1 pica between each of the four boxes, we would multiply 1 by 3 which is 3 picas).
3. Press enter. You will notice that your frame will be slightly shorter. This is to account for the gutter space you want between each frame.
4. Drag the newly sized frame to the left vertical guide.
1. Place your cursor in the width field.
2. Divide (using the **slash**) by the number of frames you would like to have (in this instance, 4).
3. You should now have a frame of the exact dimensions needed to evenly space four frames with 1 pica between each one.
4. Drag this frame to the left vertical guide.

You could manually drag each frame across the page, but you may also use the **Step and Repeat** tool for more speed and accuracy.
Select Step and Repeat under Edit, or press Alt + Ctrl + U.

Select the Dimensions

1. Choose the number of times you would like to Repeat Count (in this case, since we want 4 frames, we would like to repeat 3 times).
2. Choose your Horizontal Offset. Simply copy the dimensions from your width field into your horizontal offset (7p1.75) and add the amount you would like for gutter space (+1p). The entire
equation in this example appears as follows: $7p^{1.75} + 1p$.

3. Because we want the frames to be evenly spaced horizontally, not vertically, we will change the Vertical Offset to 0p.

4. Click OK when you are finished.

Using simple math in the width field and the Step and Repeat command, you can successfully subdivide a single frame into four individual, evenly spaced frames that fit within your vertical guides.