Select "Create new fill or adjustment layer"
Select "Hue/Saturation"
Make any adjustments.

- Make sure to focus on the eyes.
- To make adjustments move the tabs left or right.

Click on "OK"
Select the "Mask"
Invert the "Mask"

Do this by pressing masks > invert
Select the "Brush Tool"

Click and hold down on the icon and then select the "Brush Tool"

Adjust the "Opacity"

Use a small percentage.

Adjust the "Flow"

Use a small percentage.
Change the foreground color to white.

Press "Shift + d" and then press "Shift + x"

Paint over the eyes.

- Make sure not to lighten up the eyes too much.
- If you need to bring back the original color. Change the foreground color to black and paint over the area.