

Appendix D: Space Shuttle Standard Menu (4 days of a 7-day menu)

<u>Day 1</u>	<u>Day 2</u>	<u>Day 3</u>	<u>Day 4</u>
<p>Meal A Dried Peaches Cornflakes Orange-Pineapple Drink Cocoa</p> <p>Meal B Ham Cheese Spread Tortilla x2 Pineapple Cashews Strawberry Drink</p> <p>Meal C Chicken a la King Turkey Tetrazzini Cauliflower w/Cheese Brownie Grape Drink</p>	<p>Meal A Dried Pears Beef Patties Scrambled Eggs Vanilla Instant Breakfast Orange Juice</p> <p>Meal B Peanut Butter Apple or Grape Jelly Tortilla x2 Fruit Cocktail Trail Mix Peach-Apricot Drink</p> <p>Meal C Frankfurters Macaroni and Cheese Green Beans w/ Mushrooms Peach Ambrosia Tropical Punch</p>	<p>Meal A Dried Apricots Breakfast Roll Chocolate Instant Drink Grapefruit Drink</p> <p>Meal B Turkey Salad Spread Tortilla x2 Peaches Granola Bar Lemonade</p> <p>Meal C Spaghetti w/Meat Sauce Italian Vegetables Butterscotch Pudding Orange Drink</p>	<p>Meal A Dried Peaches Bran Chex Orange-Mango Drink Cocoa</p> <p>Meal B Dried beef Cheese Spread Applesauce Peanuts Tropical Punch</p> <p>Meal C Teriyaki Chicken Rice and Chicken Green Beans and Broccoli</p>

