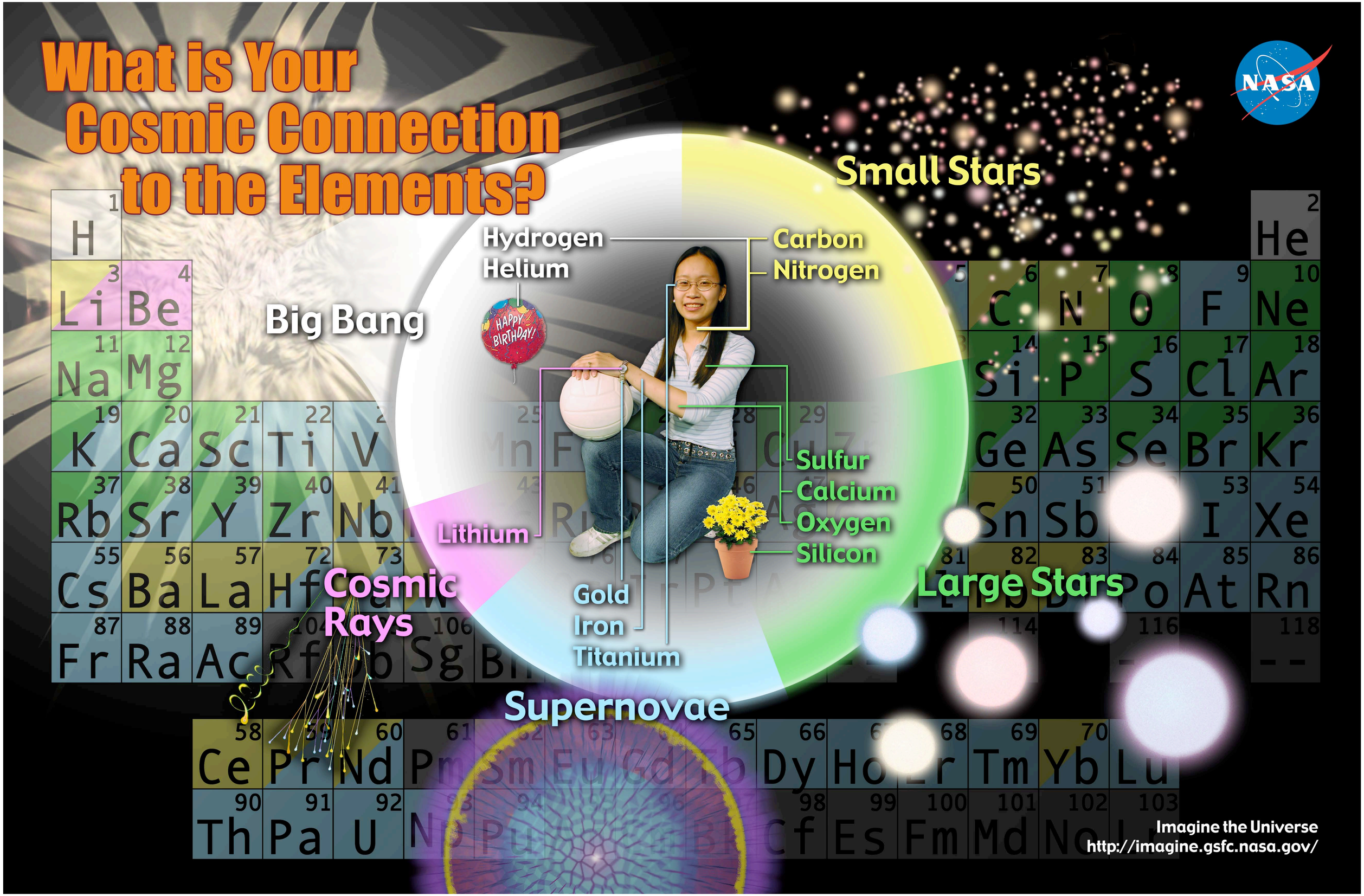What is Your Cosmic Connection to the Elements?